



**FEDERAL STATE BUDGETARY  
EDUCATIONAL INSTITUTION OF HIGHER EDUCATION  
BASHKIR STATE MEDICAL UNIVERSITY OF  
MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION  
(FSBEI HE BSMU OF THE MINISTRY OF HEALTH OF RUSSIA)**

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**Instructions  
on fire safety measures for students living  
in student dormitories**

1. General terms

This instruction was developed on the basis of the Decree of the Government of the Russian Federation No. 1479 of September 16, 2020 and is mandatory for all students living in the dormitory, hereinafter referred to as "residents"), as well as employees and visitors of the student dormitory.

2. Residents, when they are in the dormitory (including the basement) and closer than 50 m from the dormitory, are PROHIBITED:

2.1. Make bonfires, burn dry grass on the territory.

2.2. Bring, store, ignite, activate:

- pyrotechnic products (firecrackers, rockets, sparklers, firecrackers, etc.);

- explosives and explosive devices;

- household candles, incense sticks, dry alcohol;

- kerosene and blowtorches;

- flammable and combustible liquids (gasoline, kerosene, solvents, paints, etc.) and toxic substances;

- combustible materials (waste paper, rags, etc.);

- car tires and batteries, bicycles, scooters;

- any firearms, traumatic and pneumatic weapons, including their dummy, piercing, cutting objects (except for canteens and stationery items of factory/factory manufacture).

2.3. Clutter up with any objects:

- approaches to primary fire extinguishing equipment, electrical panel, ventilation chambers, boiler rooms, storage rooms, fire escapes;

- staircases, corridors, halls, balconies;

- main and alternate escape routes;

- exits to the attic, the roof of the building;

- escape routes from the room. The furniture in the living rooms should be arranged in such a way that the escape route from the room is free.

2.4. Damage fire-fighting equipment (fire extinguishers, fire hoses, evacuation plans and signs, fire equipment, elements of automatic fire alarm and video surveillance, etc.).

2.5. Removal, disassembly, disconnection and self-repair of automatic fire alarm system equipment. It is forbidden to cover (isolate) fire detectors (housing, LED sensors and mounting holes) with anything;

- 2.6. Removal or relocation of floor-by-floor and local evacuation plans in the event of a fire;
- 2.7. Analysis of the design of self-closing devices (door closers) on floor-by-floor fire doors;
- 2.8. Climb fire ladders, unless it is a case of evacuation in emergency situations.
- 2.9. Open electrical panels, cabinets; enter the room of the switchboard, boiler room, ventilation chamber, attics and other technical premises; open the doors of the elevator chamber.

**3. In the living rooms it is PROHIBITED:**

- 3.1. To carry out any work with the use of open fire.
- 3.2. To arrange production and storage facilities for the use and storage of explosive, fire-explosive and fire-hazardous substances and materials in living rooms, change their functional purpose. Use open fire on balconies (loggias) and other rooms of dormitories.
- 3.3. To conduct without the consent of the head of the dormitory:
  - paint and varnish works;
  - works (cleaning of the floor, walls, furniture, appliances, etc.) using flammable and combustible liquids (gasoline, kerosene, solvents, etc.).
- 3.4. To store garbage. Garbage removal from the room should be carried out daily.
- 3.5. Exploitation of:
  - household appliances, including boilers, toasters, electric grills, electric fireplaces, microwave ovens, stoves of any type for cooking not related to stoves purchased by the university administration and having inventory numbers;
  - electric heating devices, including oil radiators, convectors, infrared heaters, fan heaters or heat guns;
  - homemade electric heating appliances, household appliances with a broken design, parts, wiring, tightness of freezers and refrigerating chambers, etc., provided for by the technological passport of the manufacturer;
  - self-installed washing and drying machines.
- 3.6. The use of all, without exception, non-certified network splitters and extension cords without the appropriate fuses provided by the manufacturer;
- 3.7. To alter electrical wiring and repair electrical networks, including electrical outlets;
- 3.8. The use of open flames, including gas burners and cylinders, pyrotechnic products of any type, candles, household fireplaces powered by biofuels;
- 3.9. Cooking;
- 3.10. Wrap electric lamps and lamps with paper, cloth and other combustible materials, as well as operate lamps with removed caps (diffusers) provided by the design of the lamp.
- 3.11. Hanging electric illumination.
- 3.12. Use electric power equipment, as well as electrical appliances whose power consumption exceeds 1100 watts.
- 3.13. Use self-made electrical appliances.
- 3.14. Bring and keep any animals, insects and reptiles, including birds and aquarium fish.

**After leaving the living room, it is FORBIDDEN to leave windows and doors open, lighting and other electrical appliances turned on, as well as mobile phones charging from the electrical network, freelance batteries, chargers of any type, tablets, personal computers (laptops), electric shoe dryers, etc..**

**4. When operating electrical wiring, electrical outlets, and electric switches, it is PROHIBITED to:**

- 4.1. Attach open wiring directly to the wall with nails.
- 4.2. Tie, twist, pull open electrical wiring, switches, sockets for hanging any objects.
- 4.3. Use damaged (faulty), as well as poorly fixed in (on) the walls of electrical outlets and electric switches.
- 4.4. Include faulty electrical appliances in electrical outlets, as well as insert foreign objects into them.

4.5. Change the power supply scheme of the room: install, dismantle electrical wiring, sockets, switches. Installation, dismantling, repair and maintenance of electrical wiring, sockets, switches is carried out by the personnel responsible for electrical facilities in electrical installations serving the dormitory.

4.6. Bleach open electrical wiring with lime, paint with paints, glue and clog with any materials (wallpaper, posters, carpets, etc.).

4.7. Drill holes in the walls, drive nails, dowels, etc. into the walls in places where there is hidden electrical wiring, without the consent of the head of the dormitory and in the absence of personnel responsible for electrical facilities in electrical installations serving the dormitory.

4.8. Overload the power grid, i.e. include devices in one electrical outlet directly or through electrical tees, extension cords, the total power consumption of which exceeds 1100 watts.

**5. When using electrical appliances, it is PROHIBITED to:**

5.1. Violate the requirements of the electrical equipment operating instructions developed by the manufacturers.

5.2. Operate electrical appliances (including electrical extension cords and electrical tees) in a technically defective condition (the housing of the electrical appliance is damaged, the insulation of the electrical cord is damaged or has lost its protective properties, the electric fork is broken or faulty, there is a burning smell, the electrical appliance "beats" with current).

5.3. Connect electrical appliances to the power grid with a voltage greater than the voltage for which the appliance is designed.

5.4. Plug the appliance into the power grid directly, without an electric fork.

5.5. Carry electrical appliances connected to the power grid.

5.6. Install any objects on electrical appliances, including combustible items, dishes with liquid (vases and pots with flowers, a glass of water, etc.).

5.7. Tying, twisting, pinching electrical cords of electrical appliances.

5.8. Pull the electrical cord to disconnect the appliance from the mains.

5.9. To use electrical fuses with more than the required rated current to protect electrical appliances, as well as non-factory-made electrical fuses (wire twists "bugs").

5.10. Carry out repairs of electrical appliances. Repair of electrical appliances should be carried out in a specialized repair shop.

5.11. During a thunderstorm, all electrical appliances in the room must be disconnected from the mains, and their outdoor antennas, if any, must be disconnected from electrical appliances.

5.12. Leave unattended household electrical appliances connected to the electrical network, including those in standby mode, with the exception of electrical appliances that can and (or) must be in round-the-clock mode in accordance with the manufacturer's instructions - refrigerator.

5.13. Use refrigerators without a rubber or with a broken rubber seal of the door, in the absence of a door on the freezer and with damage, including damage to electrical wiring and other parts of the refrigerator.

6. The following electrical appliances may be operated in the dormitory, provided that they are technically serviceable and operated according to the requirements of the manufacturer's operating instructions: table lamps; lamps (such as "sconces" or "floor lamps"); televisions; radios; computers and laptops; audio recorders; refrigerators; vacuum cleaners; fans; hair dryers and electric shavers (trimmer); electric shoe dryers.

7. Electrical appliances operated in the dormitory (PCs, televisions, etc.) must undergo timely maintenance within the time limits specified in the documentation for their operation, including for the purpose of removing combustible deposits from them (dust, pieces of paper, etc.).

**8. When using electric lights (such as "floor lamp", "sconce", table lamps), it is PROHIBITED to:**

8.1. Insert electric light bulbs into electric luminaires with a power greater than that provided in the passport for the operation of the electric luminaire (as a rule, no more than 60 watts).

- 8.2. Use electric lights having reflectors and diffusers made of combustible materials (fabric, combustible plastic, etc.) in their design.
- 8.3. Place combustible materials closer than 0.5 m from them.
- 8.4. Cover, wrap them with paper, cloth, plastic and other combustible materials.
- 8.5. Use electric lights with faulty electric wires, damaged insulation of the power supply line.
- 8.6. Remove glass lampshades, caps from electric lights of closed design.
- 8.7. Attach to the lamps or place over the lamps any combustible objects (decorative ornaments made of paper, fabric, straw, plastic, bird feathers, etc.).

9. When leaving the room, electric lighting and electrical appliances must be de-energized, including electrical equipment that is in standby mode, with the exception of electrical appliances that can and (or) should be, according to regulatory documents for their operation, in a round-the-clock operation mode - refrigerator.

**10. When using induction, electric and gas stoves in the dormitory kitchen, it is PROHIBITED to:**

- 10.1. Leave the stoves unattended with the heating elements turned on.
- 10.2. Dry over electric and gas stoves, as well as any objects closer than 2 m from them (including underwear, shoes, etc.).
- 10.3. Fill the burners with fat, food (food) and sugary substances.
- 10.4. When using gas stoves, before lighting a gas burner, you need to light a match, and then open the burner tap. Make sure that the boiling liquid does not flood the burner flame, and a ring with high ribs should be inserted under the dishes with a wide bottom.

11. When cooking, do not allow the liquid to boil out in the pan, splashing fat in the pan, when opening the lid, direct the steam away from yourself. To remove pots, kettles, pans, etc. kitchen utensils from the stove, use "potholders" or dry rags, so as not to burn your hands.

When several people are in the kitchen at the same time, be attentive to each other: do not push, do not fuss to avoid burns on hot objects (pots, pans, stove, etc.), as well as overturning containers with cooked dishes on each other.

After the cooking is completed, the resident is obliged to make sure that the hob (burner) is turned off, wipe the spilled food /fat /burnt food from the surface of the stove (after it cools down) with a damp cloth or clean with a special detergent that does not contain aggressive chemicals using personal protective equipment (rubber gloves).

If there is a smell of gas in the room, it is **FORBIDDEN** to turn on electric lighting (lighting), light matches, use an open fire. In this case, it is necessary to immediately call the emergency service and, prior to its arrival, having previously isolated the respiratory organs with a damp cloth, block (close) the gas supply through the valve or burner in case of opening (leakage), open the windows, thoroughly ventilate the room, inform the dormitory administration.

12. Each resident is obliged to immediately report to the head of the dormitory, about each case of smoke, fire, leakage of household gas, etc., which occurred, but which was eliminated on their own or which could have occurred in the premises of the dormitory.

**13. In case of smoke or fire in the room, it is NECESSARY to:**

13.1. Immediately report the incident to the fire service by landline phone number 101 or from the mobile phone of any mobile operator by number 112, to the duty officer at the security post in the dormitory, as well as to the administration of the dormitory.

13.2. It is strictly **FORBIDDEN** to use the elevator during smoke, fire, evacuation and other emergency situations (a message about a possible terrorist act, an explosion threat, etc.).

13.3. Take feasible measures to extinguish the fire by primary means of fire extinguishing (fire extinguishers, fire hoses, sand, thick woolen cloth, water if the object is not energized by the mains).

13.4. If it is not possible to eliminate the source of the fire, leave the room, close the windows and the door behind you, without locking it, while focusing on the evacuation signs and light displays.

13.5. Leave the dormitory and arrive at the evacuation site for the roll call.

**14. In case of fire, a fire outside the room is NECESSARY:**

14.1. Immediately report the incident to the fire service by landline phone number 101 or from the mobile phone of any mobile operator by number 112, to the duty officer at the security post in the dormitory, as well as to the administration of the dormitory.

14.2. It is strictly **FORBIDDEN** to use the elevator during smoke, fire, evacuation and other emergency situations (a message about a possible terrorist act, an explosion threat, etc.).

14.3. Take feasible measures to extinguish the fire by primary means of fire extinguishing.

14.4. In case of smoke in the corridor and stairwell and if it is impossible to leave the room, including by an external fire escape, then it is necessary to stay in the room, tightly closing the door, and send signals about your location through the window without opening it. A closed and well-sealed door can protect you from dangerous temperatures and smoke poisoning for a long time. Try to inform the administration in any possible way about your location, in order to take measures to provide assistance.

14.5. With the arrival of the emergency rescue service, continue to signal your location and assistance, while the window is allowed to be opened only in case of emergency or for descending the fire escape.

14.6 Residents of the dormitory are obliged to prevent violations of fire safety requirements in the dormitory by other residents and visitors of the dormitory.

15. In case of any situation threatening the life and health of people (occurrence of smoke, fire, fire, injury, leakage of household gas, short circuit, threat of falling objects, destruction of structures, etc.), residents are obliged to immediately inform the administration of the dormitory (the head of the dormitory, the duty officer of the dormitory, etc.), if necessary, inform the rescue service by number 112.

16. Residents of dormitories are required to know the evacuation routes from the building, which are indicated on the Evacuation Plans located in each living room and on each floor for familiarization. Those living in the dormitory are required to know the locations of primary fire extinguishing means (the locations of these means are marked with special safety signs).

17. During evacuation, it is necessary to comply with safety requirements: you need to move quickly, but without fuss (you can't run, overtake and push each other), stick to the right side of the corridor, hold each other's hands when moving in a group so that no one falls behind if there is heavy smoke in the corridor, cover the respiratory organs with a damp cloth. After leaving the building, you can not disperse, so that you can check whether everyone has left the building.

18. For violation of the requirements of this instruction, residents are brought to disciplinary, material, administrative or criminal liability in accordance with the current legislation.

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